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# The effects of sustained exercise and hypoxia upon oxygen tensions in the red muscle of rainbow trout

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## Abstract:

Teleost fish possess discrete blocks of oxidative red muscle (RM) and glycolytic white muscle, whereas tetrapod skeletal muscles are mixed oxidative/glycolytic. It has been suggested that the anatomy of RM in teleost fish could lead to higher intramuscular  $O_2$  partial pressures ( $P_{O_2}$ ) than in mammalian skeletal muscles. This study provides the first direct experimental support for this suggestion by using novel optical fibre sensors to discover a mean ( $\pm$  S.E.M.,  $N=6$ ) normoxic steady-state red muscle  $P_{O_2}$  ( $PRM_{O_2}$ ) of  $61 \pm 10$  mmHg ( $1 \text{ mmHg} = 133.3 \text{ Pa}$ ) in freeswimming rainbow trout *Oncorhynchus mykiss*. This is significantly higher than literature reports for mammalian muscles, where the  $P_{O_2}$  never exceeds 40 mmHg. Aerobic RM powers sustained swimming in rainbow trout. During graded incremental exercise,  $PRM_{O_2}$  declined from  $62 \pm 5$  mmHg at the lowest swim speed down to  $45 \pm 3$  mmHg at maximum rates of aerobic work, but then rose again to  $51 \pm 5$  mmHg at exhaustion. These measurements of  $PRM_{O_2}$  during exercise indicated, therefore, that  $O_2$  supply to the RM was not a major limiting factor at exhaustion in trout. The current study found no evidence that teleost haemoglobins with a Root effect cause extremely elevated  $O_2$  tensions in aerobic tissues. Under normoxic conditions,  $PRM_{O_2}$  was significantly lower than arterial  $P_{O_2}$  ( $119 \pm 5$  mmHg), and remained lower when the arterial to tissue  $P_{O_2}$  gradient was reduced by exposure to mild hypoxia. When two sequential levels of mild hypoxia (30 min at a water  $P_{O_2}$  of 100 mmHg then 30 min at 75 mmHg) caused  $P_{aO_2}$  to fall to  $84 \pm 2$  mmHg then  $61 \pm 3$  mmHg, respectively, this elicited simultaneous reductions in  $PRM_{O_2}$ , to  $51 \pm 6$  mmHg then  $41 \pm 5$  mmHg, respectively. Although these hypoxic reductions in  $PRM_{O_2}$  were significantly smaller than those in  $P_{aO_2}$ , the effect could be attributed to the sigmoid shape of the trout haemoglobin- $O_2$  dissociation curve.

Key-words:  $O_2$ -sensitive optode, Root effect,  $O_2$  partial pressure, arterial blood  $O_2$  content,  $O_2$  consumption, swimming